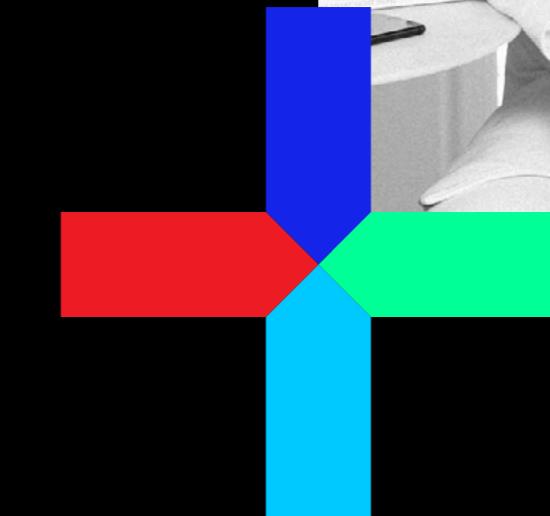


**BUILD
YOUR
LEGACY**

reo+group

Legacy

I BELIEVE
WE CAN ALL
MAKE THE
IMPOSSIBLE,
POSSIBLE.



ARE YOU DRIVEN BY A REASON FOR BEING?

We all have a purpose in life,
a unique algorithm that defines
where we find value and joy.

I want to introduce you to the power of connecting to purpose, to inspire you to achieve your goals, in and outside of your working life. As teams and as individuals.

I have dedicated over twenty years to helping people realise their potential. Through my work as a Recruitment Leader and Author I show people how to master their inner world in order to create positive change in their outer world. Through mastery of the self, instead of hoping to achieve something, you can learn to apply the wisdom to manifest it. You can shake off the limitations we impose on ourselves to realise your potential and find your purpose. You can start to Build Your Legacy.

Stella

Stella Petrou Concha

Author: *Stone Heart Light Heart – The Intelligence of Self Mastery*

Co-Author: *Legacy: Sustainable Goals in Action*

Reo Group: Co-Founder & CEO

THE WORKSHOP

Have you ever considered your Legacy? The stories your loved ones will tell about you, the trail you will leave behind?

The Build Your Legacy workshop is designed to inspire you and your teams to connect with a higher purpose in life. You will learn about self-mastery, and why it is fast becoming an emerging agenda in businesses across the globe; and how performing some simple inward-looking activities can guide you to achieve your goals both personally and professionally.

We will walk you and your teams through a series of steps that will help you design your goals and awaken the superhero within you. Linking both together, you will write your legacy and develop one hero goal that will provide the blueprint to living that legacy.

WORKSHOP OUTCOMES

- Develop an understanding of what 'self-mastery' means and why it's becoming more prominent
- Connect with your inner hero
- Visualise your legacy
- Build your focus
- Create the strategy to realise your purpose

THE BENEFITS

INDIVIDUALS

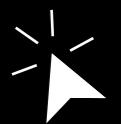
- Find a higher purpose through making your legacy part of your day-to-day
- Learn simple and effective goal planning techniques that can be applied in the workplace
- Consider your own self-mastery and how you might build on this
- Neuroscientific research indicates that there are in fact not just psychological but biological benefits to connecting to purpose
- Setting goals is linked with self-confidence, motivation, and autonomy

ORGANISATIONS

- Spark an 'innovation mindset' in your team by shifting the mindset of 'impossible' to 'possible'
- Inspire long-term thinking
- Get a deeper understanding of the individual values that lie within your team
- Motivate your team to be more accountable and self-motivated
- Employees who feel fulfilled, or see that their fulfillment is one of your priorities, are more motivated to put forward

References:

- [New Movement in Neuroscience: A Purpose-Driven Life](#)
[Purpose in life and cognitive functioning in adulthood](#)
[Toward a theory of task motivation and incentives](#)



OUR INSPIRATION

In 2015, world leaders convened to adopt the 17 Sustainable Development Goals (SDGs). They represent the global community's next step in ending poverty, fighting inequality and injustice, and tackling climate change for the next 15 years. Inspired by the SDGs, Reo Group began the process of building a legacy for our business that went beyond our sphere of customers and business networks.

We aligned with UN Goal #4, to ensure inclusive and equitable education for all. This fitted perfectly with our organisation's existing purpose to elevate human potential and create positive change in people's lives. Reo Group became involved with the B1G1 movement to become a 'Business for Good' and this movement has enabled us to donate 50 days of

technology education to children in remote Australian communities for every placement we make. We are building our legacy with every candidate we place in a role and through inspiring other businesses and professionals to incorporate the SDGs in their day-to-day.

Stella Petrou Concha is Co-Author of the book *Legacy: Sustainable Goals in Action*, where you can read more about how ordinary people and businesses are embracing these SDGs to create positive change in the world.



[Purchase](#) Legacy:
Sustainable
Goals in Action

SUSTAINABLE DEVELOPMENT GOALS



SELF-MASTERY AND YOUR LEGACY

Stella Petrou Concha published Stone Heart Light Heart - The Intelligence of Self Mastery in September 2021, followed by The Mastery Journal, the companion to this book.

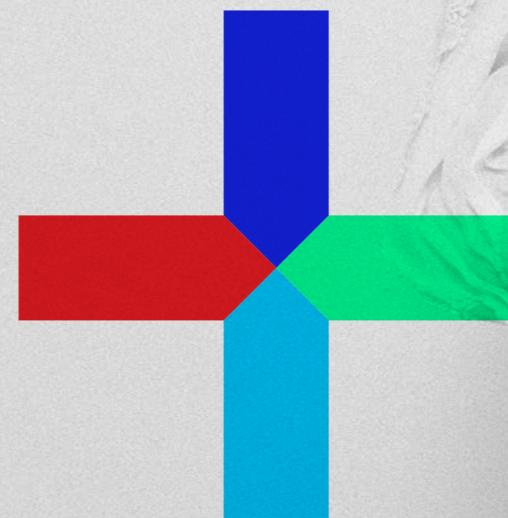
The release of Stone Heart Light Heart comes at a time when the hard skill set of self-mastery, characterised by attributes such as resilience, stress tolerance, agile thinking and learning agility, is fast becoming essential to survive and thrive on a personal and professional level.

The concepts of Stone Heart Light Heart are at the root of finding your purpose and starting to create your legacy.

Stone Heart teaches you to detach from ego, judgement, fear and self-doubt. It rejects our self imposed limitations and reveals our inner strength.

Light Heart illuminates your spiritual side, bringing forth love, joy and acceptance. It allows for the creation of the highest forms of powerful vibrational energy and connection with your higher consciousness, enabling you to bring forth your power and your purpose.

It is through mastering both Stone Heart and Light Heart that you will manifest your goals, your dreams and your legacy.



PARTICIPANT FEEDBACK

“ It was really engaging to spend time on ourselves together as a team.

The session with Stella on reflecting and creating our goals was really something I didn't expect but it really opened up my mind. I have already sat down with my husband and we discussed and are trying to bring it to life in how we think now. Will let you know how it goes! ”

“ My key takeaway was that the power to make an impact lies within me. ”

“ Stella's session was really surprising, its made me think and reflect. I really really liked it. Its not what I'm used to. I feel inspired ”

.....
“ Powerful, inspirational and insightful. ”
.....

“ An engaging session and workshop that challenged my thinking and provided a reflection on past and future. Great morning! ”

“ Building your legacy necessitates time to reflect on your strategic long-term goals and plans and how you are going to achieve it. ”

“ Remove impossible from the vernacular! ”

“ Great energy, engagement & mind-to-mind connection. ”

“ Planning plus action equals movement towards your goals. Sometimes we need to write them down to keep us on track and see how far we have already come. ”

“ The workshop gave me some deep and meaningful insights into what I hold dear, my goals and aspirations. ”

WORKSHOP DETAILS

Let us share the power of purpose with you. Reo Group will bring this session exclusively to your team and spend 2.5 hours inspiring them to work towards achieving goals that make a better future.

1.

MY FOCUS:

Build your vision and focus for the coming year.

2.

HERO WITHIN:

Channel your inner hero and identify core attributes that will inspire your purpose and legacy.

3.

YOUR 120

YEAR LEGACY:
Create a vision of what you want to be celebrated for in your lifetime.

4.

YOUR ONE HERO GOAL:

Identify one goal that will be central to achieving your vision for the year.

5.

CREATE A STRATEGIC PLAN:

Set key milestones en route to achieving your goal.

6.

BUILD YOUR AFFIRMATION:

Develop an affirmation statement which will embed your goals.



HOW TO BOOK

Enquire about a Legacy workshop
for your team today.

Email our team:
info@reogroup.com.au

Or call us:
02 8211 3488

reo+group